

2014 Services Guide

Aging and Disability Resource Center
of Southwest Wisconsin-Grant County
8820 Hwy 35/61 South
PO Box 383
Lancaster, WI 53813
608-723-6113 (TTY or Voice)
1-800-514-0066 (Toll-Free-TTY-or Voice)
608-723-6122 (Fax)
1-877-794-2372 (Regional)
e-mail: adrc@co.grant.wi.gov
Local website: www.co.grant.wi.gov
Regional website: www.adrcswwi.org
Office Hours: Monday-Friday 8:00am-4:30pm

Mission Statement:

"The Aging and Disability Resource Center of Southwest Wisconsin is dedicated to working with adults and families who are affected by aging, disability, mental health or substance abuse issues, by providing information and access to services to enhance their quality of life".



Dear Consumer,

Thank you for contacting the Aging & Disability Resource Center of Southwest Wisconsin-Grant County! We are happy to be able to assist and provide you with resources and information for yourself and/or your loved ones.

If you find you need more information about a service than the phone number and website, you may contact the Aging & Disability Resource Center (ADRC) at 608-723-6113 or 1-800-514-0066.

If you notice a service or an organization that is not listed, please call the Aging & Disability Resource Center to request inclusion in the next publication.

****Please Note: This directory may not include all agencies serving Grant County residents and is not a recommendation for any provider. We do not professionally promote or endorse any of the following resources. Please check references of a chosen agency to make personal decisions regarding the resources that are best for you.****

The Aging and Disability Resource Center operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the Aging & Disability Resource Center.

Grant County Staff Directory
608-723-6113 or Toll Free 1-800-514-0066

- Lori Reid, ADRC & Nutrition Director.....ext 228
- Ruth Rotramel, Outreach Services Coordinator.....ext 227
-Family Caregiver Support Program & Volunteer Driver Program
- Marsha Gore, Elder Benefit Specialist (serving consumers 60+ years).....ext 225
- Angela Sullivan, Disability Benefit Specialist(serving consumers 18-59).....ext 234
- Rita Harmon, Transportation Coordinator.....ext 226
-Bus, Grant County Taxi, and special trips
- Carol Fjelsted, Office Systems Assistant.....ext 221
- Lecia Lenz, Information & Assistance Lead.....ext 230
- Carol Hughey, Information & Assistance Specialist/Prevention
Coordinator.....ext 233
- Jessica Alt, Information & Assistance Specialist.....ext 236

SAVE THE DATE: ELDERFEST 2014

Information & Assistance Specialists

Information & Assistance Specialists provide up-to-date information on many services and resources, including, but not limited to: Home Health Agencies, Transportation Services, Public Benefits, Housing Options, Personal Care Agencies, Senior Dining Sites, Home Delivered Meal Programs, Support Groups, Prevention Classes, Managed Care, Self-Directed Support Waivers and much, much more!

- **Options Counseling** provides information to assist people to make informed choices about long-term care options. When meeting with individuals and their families, an Information & Assistance Specialist will review the individual's personal history, preferred lifestyle and goals for the future; and will engage in a conversation about the full range of long-term care options available to the individual to maximize their independence and self-reliance.
- **Special Needs Youth Transition-** If you are a young adult transitioning from the school system and/or children's programs to adult programs, the Aging & Disability Resource Center is here to help you and your family make that transition as smooth as possible. Many changes in disability services occur when a student is between the age of 18 and 21. Information & Assistance Specialists at the Aging & Disability Resource Center can assist in answering questions you may have. We also have Youth in Transition booklets available at no cost.
- **Long Term Care Programs:** The ADRC is responsible for helping people access publicly funded long term care programs and assisting them in understanding all available options. We do this by determining functional eligibility, facilitating the financial eligibility determination process and assisting with the enrollment process.
- **Nursing Home Relocation:** Some nursing home residents may qualify for care in the community rather than in the nursing home. Information & Assistance Specialists can explain these options to interested individuals.

Benefit Specialists

Elder Benefit Specialist:

Specializes in assisting persons age 60 and older to attain access to needed benefits and programs.

Disability Benefit Specialist:

Specializes in assisting persons aged 17. 9 months-59 to attain access to needed benefits and programs.

Benefit Specialists can help in accessing both private and public programs and benefits, and can provide information about consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Medicaid, Disability, SeniorCare, Supplemental Security Income and Medigap Insurance. Many of the benefit issues that people over the age of 60 and adults with disabilities face are very complex. Benefit Specialists assess the situation and discuss options so that persons can make an informed decision.

Prevention & Wellness Workshops

Living Well with Chronic Conditions Program- Six week workshop offers a self management program to address practical ways to deal with pain and fatigue. You will discover better nutrition and exercise choices, learn about new treatment choices and practice new communication styles and more. .

Stepping On- Seven week workshop that offers fall prevention techniques and strength building exercises. Professional speakers will address proper shoe fitting, medication management and strengthening exercises.

Arthritis Toolkits-Offer unique approach to managing Arthritis. The toolkit contains a self-test which identifies how to use the book. It includes an exercise CD and relaxation CD, written information and the Arthritis Helpbook. The toolkits are available for 6-8 weeks.

Powerful Tools For You: Taking Care of the Caregiver-Six week course to help family caregivers build communication skills, make tough care decisions, set goals, lower care giving related stress and learn about available resources.

Grant County Nutrition Program

Are you familiar with our Senior Dining Centers? Check one out today! In addition to the nutritious meal and variety in menu, the nutrition program offers opportunities to enjoy a meal, join a fun activity, and socialize with friends! Transportation is available to several of the dining sites on designated routes and days. Other options available are a home delivered meal or frozen meals.

National Family Caregiver Support Program

The Family Caregiver Support Program provides:

- o Information to caregivers about available programs and services
- o Assistance in gaining access to services
- o Individual counseling, support groups and trainings to assist caregivers
- o Temporary and limited respite for caregivers
- o Supplemental services (on a limited basis) to complement the care provided

Eligibility- Caregivers must be

- o An adult family member or another individual who is an informal or unpaid provider of in-home community care to someone over 60 years of age or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction
- o Grandparent or relative caregivers providing care for adult children with a disability, who are between 19 and 59 years of age. These caregivers must be age 55 years and older and cannot be the child's parent.

Transportation Services

Need a ride? The ADRC may be able to assist you! The ADRC provides transportation for adults with disabilities and age 60 and over, unless specifically indicated.

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Check out our new Facebook page
 & Website
www.adrcswwi.org



INFORMATION & REFERRAL

Aging & Disability Resource Center.....	608-723-6113
.....	Toll Free 800-514-0066
.....	FAX 608-723-6122
Alzheimer’s & Dementia Alliance.....	608-723-4288
.....	Toll Free 888-308-6251
Great Rivers 2-1-1.....	211
Independent Living Resources.....	608-647-8053
.....	Toll Free 877-471-2095
So. Regional Center for Children & Youth with Special Health Care Needs..	800-532-3321
UW-Extension.....	608-723-2125

CRISIS LINES

“ A Cry for Help”	1-800-273-8255
Family Advocates, Inc 24 hour Crisis Line.....	800-924-2624
Grant Co. Sheriff Dept- Non-Emergencies.....	608-723-2157
Grant County Suicide Crisis Line.....	1-800-362-8255
Great River 2-1-1.....	211
Police/Sheriff Emergencies.....	911
Red Cross.....	608-754-4497 or Toll Free 1-888-285-5876
Suicide Prevention 24/7 Hotline.....	1-800-273-8255 or 608-280-2600
Veteran’s Hotline.....	1-800-273-8255

VETERAN’S SERVICES

Grant County Veterans Service Office.....	608-723-2756
Veteran’s Van Transportation.....	1-563-652-4110
(Schedule a ride is between 9:00am-6:00pm)	
William S. Middleton Veterans Hospital-Madison, WI	
Triage Nurse Advice Line.....	1-888-598-7793

IN-HOME SERVICES



There are a variety of services and programs that can be brought into the home to assist in keeping people safe and helping them to be more independent. Listed below are some of the more common services used. Other service and program information can be obtained from the ADRC.

Emergency Medical Alert Systems

When emergency help is needed, the user can press the transmitter's "help" button, sending a radio signal to the console (connected to the user's telephone). This causes the console to automatically dial one or more pre-selected emergency telephone numbers. The transmitter can be worn around the wrist, neck, or attached to a belt loop. Some systems have the ability to sense when a person has fallen, and automatically calls for emergency help. There is a set-up fee and monthly charge. **In addition to the list below, some retail businesses sell similar response systems as well.**

Grant Regional Health Center "Lifeline"	608-723-2143
Good Samaritan Society "Lifeline"	608-822-6100
Jo-Carroll Electric "First Call-Med Link"	1-800-858-5522
Mercy Hospital-Dubuque "Lifeline" (part of Grant County).....	563-589-8000
Prairie Du Chien Memorial Hospital "Lifeline"	608-357-2142
Upland Hills Health "Lifeline"	608-930-7210
Southwest Health Center "Lifeline"	608-342-4758

Personal Care Services/Supportive Home Care

The agencies listed below provide a wide variety of services to support individuals to live successfully at home. These services may include: Skilled Nursing Care, Occupational/Physical/Speech/Infusion Therapy, Meal Preparation, Personal Care(bathing, dressing, etc), Housekeeping, Errands, Laundry, Respite and more.

Grant County Health Department.....	608-723-6416
www.co.grant.wi.gov (personal care services only with a skilled nursing care need)	
Home Care Select.....	608-725-5190
www.homecareselectinc.com	
Home Care For You.....	608-854-2440
Homeward Bound Inc.....	608-723-6601
www.hbcare.com	
Home Instead Senior Care.....	563-585-1409 or toll free 1-800-637-2944
www.homestead.com	

Lori Knapp Inc.....608-326-5536
www.loriknappinc.com

Mercy Home Care.....563-589-8899 or toll free 1-877-416-9763
www.mercydubuque.com

Upland Hills Home Health.....608-930-7210 or toll free 1-877-876-2680
www.uplandhillshealth.org

Southwest Home Care.....608-348-4558
www.southwesthomecareangels.com

Pick Up & Deliver Laundry Service

Red Robin Laundromat- Lancaster.....608-723-2344

End-of-Life Resources

Hospice Agencies

Hospice provides a full range of palliative and supportive services for terminally ill people who are in the final stages of their illnesses. Services may include: medical care, pain & symptom management, home nursing visitation, bereavement services (for the patient and members of the family), counseling etc.

Grant County Hospice.....608-723-6416
www.grantcountyhospice.com

Hospice of Dubuque.....563-582-1220
www.hospiceofdubuque.org

Heartland Hospice Services.....563-584-9223
www.heartlandhospice.com

Iowa Hospice.....563-583-5136
www.iowa-hospice.com

Prairie Du Chien Memorial Hospital.....608-357-2000
www.pdcmh.org

St. Jude Hospice.....608-819-6655
www.saintjudehospice.org

Upland Hills.....608-930-8000
www.uplandhillshealth.org

Funeral Homes

For website information, please see: www.funeralhomesguide.com/Wisconsin/WI.html

Bloomington-	Martin Page.....	608-944-2796
Blue River-	Godager Funeral Home.....	608-537-2489
Boscobel-	Beeman Patchak Funeral Home.....	608-375-4116
	Kendall Funeral Service.....	608-375-5252
Cassville-	Martin Page.....	608-725-5790
Cuba City-	Casey Funeral Home.....	608-744-2714
	Haudenshield Funeral Home.....	608-744-2400
Fennimore-	Larson Family Funeral Home.....	608-822-6512
Kieler-	Haudenshield Funeral Home.....	608-568-3550
Lancaster-	Martin Page Funeral Home.....	608-723-6381
	Schwartz Funeral Home.....	608-723-4500
Montfort-	Soman Larson Funeral Home.....	608-943-6906
Muscoda-	Godager Pratt Funeral Home.....	608-739-3511
Platteville-	Martin Page Funeral Home.....	608-348-2446
	Melby-Bendorf Funeral Home.....	608-348-2121
Potosi-	Martin Page Funeral Home.....	608-763-2281



HEALTH SERVICES

Local Clinics

Grant County Health Department.....608-723-6416
(blood pressure & immunization clinics, TB skin testing, flu clinics, medicaid, personal care programs.)Walk-in services are available.

Boscobel

Bluff Street Clinic.....608-375-2424
Boscobel Clinic.....608-375-4144

Cuba City

Dean Clinic.....608-744-2767
Medical Associates.....608-744-2115

Fennimore

High Point Family Medicine.....608-822-3363
Fennimore Family Medicine.....608-822-3737

Lancaster

High Point Medical Clinic.....608-723-3100
Grant Regional Community Clinic.....608-723-2131
Family Medical Center.....608-723-4300

Montfort

Upland Hills Area Health Clinic.....608-943-6308

Muscoda

Muscoda Health Center.....608-739-3313

Riverside Family Practice.....608-739-3138

Platteville

Doctor’s Park/Dean.....608-348-4330

Maski & Maski Clinic.....608-348-4677

Medical Associates.....608-348-6266

Free or Reduced Fee Health-Care Clinics:

Please contact the clinics for more information

In-Health Community Wellness Clinic (Boscobel).....608-375-4324

Community Connections Free Clinic (Dodgeville).....608-930-2232

Richland Community Free Clinic (Richland Center).....608-647-6161

Free or Reduced Fee Dental Clinics:

All of the dental clinics accept Medicaid (MA), Badger Care, and Medicare. Please contact the clinics for more information.

Crescent Community Health Center (Dubuque).....563-690-2850

Darlington Regional Dental Clinic.....608-776-4070

In Health Community Wellness Dental (Boscobel).....608-485-3047

Access Community Health Center (Dodgeville).....608-935-5550

Hospitals in Grant County:

Gunderson Boscobel Area Health Care.....608-375-4112

Grant Regional Health Center.....608-723-2143

Southwest Health Center.....608-348-2331

Mental Health Services in Grant County:

Unified Community Services.....608-723-6357

WKM Psychology.....608-723-4668

Platteville Family Resource Center.....608-348-4060

Geriatric Health Services

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can help with challenging behavioral symptoms. Signs include frequent or extreme mood swings, depression, suicidal tendencies, aggression, wandering or major changes in sleep.

Southwest Health Center-Southwest Behavioral Services.....608-348-3656

Platteville, WI www.southwesthealth.org

Pharmacies

*=Delivery of Medications. Please contact the pharmacies for more specific information regarding deliveries and fees.

	<u>Boscobel</u>	
Boscobel Pharmacy, Inc.....		608-375-4466
	<u>Cuba City</u>	
Cardins.....		608-744-2195
	<u>Fennimore</u>	
Hartig.....		608-822-3601
	<u>Lancaster</u>	
Hartig.....		608-723-4737
ShopKo Hometown.....		608-723-7679
	<u>Muscoda</u>	
Muscoda Hometown.....		608-739-4400
	<u>Platteville</u>	
Cardin's.....		608-348-9221
Hartig Drug.....		(800) 273-9303
K-Mart.....		608-348-6555
Walgreen's.....		608-348-7611
Wal-Mart.....		608-348-4733*

Medication Disposal Drop Off Box

Safely disposing prescribed or over-the-counter medication can have a positive impact in safeguarding lives and protecting the environment by disposing of unused medicines properly. Grant County currently offers the following locations that will accept pill form medications. Call ahead about liquid medications to see if they will be accepted.

Lancaster Police Dept.....	608-723-4188
Muscoda Police Dept.....	608-739-3144
Platteville Police Dept.....	608-348-2313



Medical Equipment and Supplies

- Aging & Disability Resource Center “Loan Closet”608-723-6113
www.co.grant.wi.gov
- Access to Independence, WisLoan.....800-362-9877
www.accesstoind.org
- American Cancer Society.....800-227-2345
www.cancer.org (call for a list of equipment available)
- Apria HealthCare.....800-365-8600
www.apria.com (home respiratory therapy, diabetic supplies, medications and equipment, home infusion therapy and home medical equipment services)
- Boscobel Pharmacy, Inc.....608-375-4466
www.boscobelpharmacy.com (wheelchairs, bath safety, ostomy supplies, stockings etc)
- Grant County Health Department “Loan Closet”608-723-6416
www.co.grant.wi.gov
- Home Health United.....608-348-7677
www.homehealthunited.org (respiratory, mobility aides, bath safety etc)
- Independence First (formerly Wheelchair Recycling Program).....608-243-1785
www.wrp.org
- J & B Medical Supply.....1-866-674-5850
www.jandbmedical.com (Delivery of Incontinent Supplies, Urological Supplies, Diabetic Supplies)
- Meriter Home Health.....800-236-1052
www.meriter.com (power scooters, lift chairs. Hospital beds, wheelchairs, lifts, bathtub accessories etc)
- Mercy Homecare Medical Equipment.....800-637-2944
www.mercydubuque.com (respiratory & sleep therapy, mobility, safety, and bariatric equipment)
- Upland Hills Health Hometown Medical Equipment.....608-348-6250
www.uplandhillshealth.org/home_equipment (respiratory, scooters, lift chairs, wheelchairs etc)
- St. Vincent de Paul Society.....608-739-4222
<http://www.svdpusa.org/AssistanceServices>
- Walgreens Health Initiatives.....866-614-0947
www.walgreens.com (mobility equip., lift chair, scooter, bathroom safety)

SERVICES FOR THE HEARING IMPAIRED

Office for the Deaf and Hard of Hearing (ODHH).....	608-266-5641
www.dhs.wisconsin.gov/sensory	
Wisconsin Telecommunication Relay System (TRS).....	771 or 800-947-6644
TTY.....	800-947-3529
Customer Service.....	800-395-9877
TTY.....	800-283-9877
www.wisconsinrelay.com	
Center for Sight and Hearing.....	800-545-0080
TTY/TDD.....	815-332-6820
www.centerforsighthearing.org	
Telecommunications Equipment Purchase Program (TEPP).....	800-251-8345
TTY.....	608-267-1479
www.tepp.wipfli.com	
Wisconsin Lions Foundation-Hearing Aid Program.....	715-677-4969
www.wlf.info	

SERVICES FOR THE BLIND OR VISUALLY IMPAIRED

Office for the Blind/Visually Impaired.....	888-879-0017
www.dhs.wisconsin.gov/blind	
Center for Sight and Hearing.....	800-545-0080
TTY/TDD.....	815-332-6820
www.centerforsightandhearing.org	
Division of Vocational Rehabilitation (DVR) Employment Services.....	800-228-2648
http://www.dwd.wisconsin.gov/dvr/	
Wisconsin Council of the Blind & Visually Impaired.....	800-783-5213
www.wcblind.org	
Wisconsin Talking Book and Braille Library.....	800-242-8822
www.talkingbooks.dpi.wi.gov	
Braille Library and Transcribing Services, Inc.....	608-233-0222
http://www.bltsinc.org	
Wisconsin Lions Foundation-Eye Glass Recycling Program.....	715-677-4969
www.wlf.info	

DEMENTIA SUPPORT SERVICES

Alzheimer’s & Dementia Alliance of Wisconsin.....888-308-6251
Alzheimer Association.....608-723-4288

www.alzwisc.org

- Alzheimer’s Family Caregiver Support Program (AFCSP)
- Caregiver Support Program

Memory Diagnostic Clinics

Offers a comprehensive, team approach to assessment, diagnosis and treatment. Contact the individual clinics for billing questions.

Southwest Health Center Memory Diagnostic Clinic.....608-348-3656
Platteville, WI www.southwesthealth.org

UW-Health Memory Assessment Clinic.....608-263-7740
Madison, WI www.uwhealth.org

William S. Middleton Veterans Hospital.....608-256-1901 ext. 17000
Madison, WI www.madison.va.gov

Dean Memory Assessment Center.....608-252-8040
Madison, WI www.deancare.com

Richland Area Geriatric Assessment Center.....608-647-6161
Richland Center, WI www.richlandmedctr.com

ADULT SHELTERED WORKSHOPS

A sheltered workshop can provide the opportunity for socialization and independence in a safe supervised environment for adults with a wide range of abilities, ages, and needs.

Lancaster- Southwest Opportunities Center.....608-723-6659

Mineral Point-Hodan Center, Inc608-937-3336

Dubuque

Cozy Corner Adult Day Services.....563-690-6900

Life Choices Adult Day Center.....563-556-7560

Goodwill Adult Day Services.....563-583-8859



LIBRARIES

Bloomington Public Library.....	608-994-2531
Boscobel- Hildebrand Memorial Library	608-375-5723
Cassville-Eckstein Memorial Library	608-725-5838
Cuba City Public Library.....	608-744-2613
Fennimore-Dwight Parker Library	608-822-6294
Hazel Green Public Library.....	608-854-2952
Lancaster- Schreiner Memorial Library	608-723-7304
Livingston-Allen-Dietzman Public Library	608-943-6800
Montfort Public Library.....	608-943-6265
Muscoda Public Library.....	608-739-3182
Platteville Public Library	608-348-7441
Southwest Technical College.....	608-822-2338
Recording for the Blind & Dyslexic.....	800-221-4792
Wisconsin Talking Book & Braille Library.....	800-242-8822

EMPLOYMENT SERVICES

Cooperative Educational Services Agency/WIA Younger Youth.....	608-822-3276
Cooperative Educational Services Agency/Youth Apprenticeship.....	608-822-3276
Division of Vocational Rehabilitation.....	800-442-3477
Goodwill of South Central Wisconsin Career Center.....	608-268-5175
Grant Co. Dept of Social Service Job Center.....	608-723-2316
Hodan Center.....	608-967-3336
Southwest Opportunities Center, Inc.....	608-723-6659
SWTC/WIA Older Youth.....	800-362-3322
Vernon Area Rehabilitation Center(VARC).....	608-647-3850
FoodShare Employment Training Program(FSET).....	608-723-2136

FINANCIAL ASSISTANCE

Grant County Department of Social Services.....608-723-2136
(Determine eligibility for Fuel Assistance, Medicaid, FoodShare, W-2, Energy Assistance)
www.co.grant.wi.gov

Southern Consortium.....1-888-794-5780
(Call Center provides enrollment services and manages benefits for FoodShare, Medicaid, Family Planning only, Caretaker Supplement) www.access.wi.gov

ADRC.....608-723-6113
(Application preparation assistance for programs; such as Foodshare, Fuel Assistance information, Medicaid application, SafeLink, Caregiver program, Disability programs.) www.adrcswwi.org

St. Vincent de Paul.....608-739-4222
www.svdpusa.org

Southwest CAP608-574-2808
www.swcap.org

The Someday Foundation.....1-888-513-9719
www.somedayfoundation.com (application & funding available to people affected by cancer)

Grant County Cancer Coalition.....608-778-8169
www.grantcountycancerco.org (application & funding available to people affected by cancer)

Financial Counseling

UW Extension.....608-723-2125
www.grant.uwex.edu

Lutheran Social Services.....888-607-6775
www.lsswis.org

University of Wisconsin-Platteville.....608-342-1314
www.uwplatt.edu

Taxes

AARP Tax-Aide Program.....888-687-2277
www.aarp.org

Farmland Preservation Tax Credit Dept. of Land Conservation.....608-266-2442
www.datcp.wi.gov

Internal Revenue Service General Tax information.....800-829-1040
www.irs.gov

Wisconsin Housing and Economic Development Authority (WHEDA)-Property Tax Deferral Loan Program.....1-800-755-7835
www.wheda.com

Wisconsin Dept. of Revenue: Homestead Tax Credit.....1-608-266-8641
www.revenue.wi.gov

Insurance

Medicare is health insurance for people over the age of 65, people under the age of 65 with disabilities and people at any stage with End-Stage Renal Disease.

Medicaid is a federal/state program which covers medical care for eligible individuals. Covers co-payments and deductibles not paid by Medicare. Medicaid will pay for long term care in a nursing home, but there are income and asset limitations to qualify.

Aging and Disability Resource Center-Benefit Specialist.....	800-514-0066
Grant County Department of Social Services-Medical Assistance.....	608-723-2136
Southern Consortium-Medical Assistance/Badger Care.....	1-888-794-5780
Medigap Hotline(Health Insurance Assistance Program).....	1-800-242-1060
Medicare.....	1-800-633-4227
Office of the Commissioner of Insurance.....	608-266-3585
State Health Insurance Assistance Program(SHIP).....	1-855-677-2783

Other Insurance(not eligible for Medicare or Medicaid)

Marketplace (Affordable Care Act)..... www.healthcare.gov 1-800-318-2596

Prescription Drug Assistance

ADRC Benefit Specialists can help find a plan of coverage. The plan covers the cost of prescription drugs and may help lower prescription drug costs.

SeniorCare or Medicare Part D.....	608-723-6113
Part D Disability Drug Benefit Helpline (Age 59 or younger).....	1-800-926-4862
Part D Prescription Drug Helpline (Age 60+).....	1-855-677-2783
Needy Meds.....	www.needymeds.org

Energy and Utility Assistance

Fuel Assistance.....	608-723-2136 x. 125
WI Home Energy Assistance Program(WHEAP).....	608-267-3680
Alliant Utilities Customer Plus.....	800-255-4268
Salvation Army.....	Boscobel-608-375-4122
.....	Platteville-608-348-2313
.....	Cuba City-608-744-3575
.....	Lancaster-608-723-4188
Southwest CAP(weatherization, furnace assistance, rental assistance).....	800-704-8555
Platteville Thrift Store(helps Platteville residents with utility bills).....	608-348-7947

Telephone Assistance

Lifeline & Link-Up (monthly discount telephone bill assistance).....	800-225-7729
SafeLink Wireless (free cell phone & minutes).....	800-977-3768

BENEFIT ASSISTANCE AND SERVICES

Benefit Specialists help people over the age of 60 or adults with a disability under the age of 59 in accessing both private and public programs and benefits. They can also provide information, give advice and assist a person about their consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Disability, SeniorCare, Supplemental Security Income, Medicaid, and Medigap Insurance.

Aging & Disability Resource Center's Benefit Specialists.....608-723-6113
.....Toll Free # 800-514-0066
Application preparation assistance for programs; such as Foodshare, Fuel Assistance information, Medicaid application, SafeLink, Caregiver program, Disability programs.) www.adrcswwi.org

Southern Consortium.....1-888-794-5780
(Call Center provides enrollment services and manages benefits for FoodShare, Medicaid, Family Planning only, Caretaker Supplement) www.access.wi.gov

Social Security Administration

175 W. Alona Lane Lancaster, WI877-405-7841
Office open 9:00-3:30 (Monday, Tuesday, Thursday, Friday)
Wednesdays 9:00-Noon

ADVOCACY

Greater Wisconsin Agency on Aging Resources, Inc.....608-243-5670
(Advocacy for the Aging, Membership & Legal Services)

Access to Independence.....800-362-9877
(Information & advocacy for people with disabilities)

Family Advocates Inc,-Platteville.....608-348-9955
24 hour crisis line.....800-924-2624
(Emergency housing for women and children victims of domestic violence/sexual abuse, Advocacy, Information & Referrals)

Disability Rights of Wisconsin.....608-267-0214 or Toll Free 1-800-928-8778
(Information & Advocacy for people with disabilities).....TTY 1-888-758-6049

Independent Living Resources.....888-474-5745
(Information & Advocacy for people with disabilities)

Ombudsman Program.....800-815-0015
(Concerns and questions regarding nursing homes, CBRF's, home health and long-term care)

Housing Discrimination Hotline..... (800) 765-9372

Elected Officials (Advocate for yourself via mail, phone, email, personal visits)

State Legislators.....www.legis.state.wi.us.....1-800-362-9472

Congress.....www.house.gov, www.senate.gov.....202-224-3121

LEGAL SERVICES

Guardianship/Power of Attorney

Grant County Department of Social Services.....608-723-2136

Guardianship Hotline.....800-488-2596 ext:314

Southwest CAP.....608-574-2808

Wisconsin State Bar Referral Services.....800-362-9082

POA HealthCare and POA Finance Forms: Department of Health Services website-
www.dhs.wisconsin.gov/forms/advdirectives or can be obtained from the ADRC.

Abuse and Neglect Resources

Division of Quality Assurance, Southern Regional Office.....1-800-642-6552

(Suspected maltreatment regarding care in a nursing home, assisted living, home care etc)

- Bureau of Assisted Living.....608-264-9888
- Bureau of Nursing Home Resident Care.....608-266-7474
- Caregiver Quality.....608-261-8319

Family Advocates, Inc.....608-348-5995

24 hour crisis line.....1-800-924-2624

(Provides services for women & children victims of domestic abuse, sexual assault)

Grant County Dept. of Social Services (Mon-Fri) 8:00-4:30pm.....608-723-2136

.....After Hours 608-723-2157

(Assistance and confidential reporting of self-neglect, physical abuse, neglect, financial exploitation for elderly(60+) & adult-at-risk(18-59).

Wisconsin Coalition against Domestic Violence.....608-255-0539

www.wcadv.org

Wisconsin Coalition against Sexual Assault.....608-257-1516

www.wcasa.org

General Legal Aid and Services

Better Business Bureau.....800-273-1002

Wisconsin State Bar Referral Services.....800-362-9082

Consumer Protection & Fraud Reporting800-998-0700

Ombudsman Program (WI Board on Aging & Long Term Care).....800-815-00158

Legal Action of Wisconsin...1-800-873-0927.....1-800-947-3529 (TTY, VCO or HCO)

WI Dept. of Ag, Trade, and Consumer Protection800-422-7128
(Landlord/Tenant Issues)

Tenant Resource Center- Rental Rights Phone.....1-608-257-0006
Toll Free.....1-877-238-RENT
Mediation Services.....1-608-257-2799

UW-Madison Legal Clinic
Neighborhood Law Clinic.....608 260-8221
Consumer Law Clinic.....608 263-6283
Mediation Clinic.....608 262-4870



FOOD RESOURCES

Nutrition Sites—Congregate Meal Sites

Congregate and home delivered meals are provided to help older persons remain healthy, active and independent. The following list is the Dining Sites in Grant County. For eligibility, contact the ADRC at 723-6113 or 1-800-514-0066.

Bagley.....608-996-2031
400 S. Jackley (M-W-F) Serving Time: Noon

Blue River.....608-537-2787
201 Clinton St (Mon-Thur) Serving Time: 11:30

Boscobel.....608-375-4505
104 E. Oak St (Mon-Fri) Serving Time: Noon

Cassville.....608-725-5923
100 W. Amelia St (Tues-Wed-Thurs) Serving Time: 11:30

Cuba City.....608-744-2780
418 W. Palmer St (Mon-Fri) Serving Time: 11:30

Dickeyville.....608-568-3612
500 Eastern Ave (Tuesdays) Serving Time: 11:30

Fennimore.....608-822-6867
925 Eisenhower St (Mon-Fri) Serving Time: Noon

Lancaster.....608-723-6500
714 S. Washington St (Mon-Fri) Serving Time: Noon

Montfort.....608-943-6299
102 E. Park (M-F) Serving Time: Noon

Muscoda608-739-3180
206 N. Wisconsin Ave (Mon-Fri) Serving Time: Noon

Platteville.....608-348-8042
55 S. Court St (Mon-Fri) Serving Time: 11:30

Potosi.....608-763-2163
128 Hwy 61 N (Mon-Fri) Serving Time: 11:00

Home Delivered Meals/Frozen Meals/Nutritional Supplement

Aging & Disability Resource Center.....608-723-6113
(Please call for information regarding eligibility)

Home Delivery of Groceries

Hartig Drug- Platteville.....608-348-9771
Thompson's IGA-Cuba City.....608-744-2213
Bender's Foods-Fennimore.....608-822-6112

Nutrition Information

Wisconsin Nutrition Education Program(WNEP).....608-723-2125

FoodShare Program.....1-888-794-5480
www.accesswi.gov Purchase food at a grocery store, mealsite, or home delivered meal with a plastic "Quest Card." Monthly benefit amounts are based on net income and household size.

FoodShare Helpline-Second Harvest.....1-877-366-3635

Senior Farmer's Market Nutrition Program.....608-723-6113
(June-October program gives income-eligible seniors the opportunity to purchase fresh, locally grown fruits, vegetables, and herbs from certified farmers.)

Food Pantries

Boscobel Assembly of God- 301 Chestnut St.....608-375-5088
Monday-Thursdays 9 am-3pm, must reside in Boscobel area.

Boscobel United Methodist Church Food Pantry-104 Buchanan St.....608-375-4565
3rd Saturday of each month, 8:30am-10:00am, must reside in Boscobel area.

Boscobel Immaculate Conception Mobile.....405 E. Legrand St Boscobel, WI
3rd Tuesday 11:30am-12:30pm (Second Harvest FoodBank)

Boscobel- SWCAP Northern Grant Co- 402 Johnson St.....608-375-5903
Available Mon, Wed & Friday 9:00am-4:00pm, limited to northern grant co. residents

Cassville Emergency Food Fund.....(608)725-2340, 725-5595, 725-5528
Limited to Cassville School District, Anytime.

Fennimore Food Pantry-1170 Lincoln Ave.....608-822-4060
1st & 3rd Wednesday 1:30-4:30p.m(limited to Fennimore)

Hazel Green Food Pantry- 2115 N. Main St.....608-854-2536
Available Saturdays 9-11am & Tuesdays 6-7pm. Southern Grant County

Lancaster Food Pantry- 225 S. Madison St.....608-723-7070
Available Mon & Thursday 7-8pm(limited to Lancaster, Potosi, Cassville, Montfort, Livingston)

Low Income Food Exchange(LIFE).....608-723-2691
*Free food monthly in large quantities for families in Lancaster, Bloomington, Cassville, Fennimore, and Potosi areas. (April-November only)

Livingston Area Outreach.....608-943-6260
Available anytime by appt.
Platteville Farmer's Market Nutrition Program-*Vouchers to seniors and income eligible families for use. 348-4505 or 348-3992*

Muscoda- Riverdale Food Pantry- 116 N. Beech.....608-739-3391, 739-4017, 739-3933
Available 3rd Monday 1:00pm-5:00pm (Limited to Riverdale School District residents)

Patch Grove- St. Johns Mobile Food Pantry- 231 N. Wyalusing St.....608-523-4943
2nd Tuesday 2-3pm (Second Harvest FoodBank)

Platteville Food Pantry.....608-778-8572
Available 1st, 2nd, 4th, and 5th Thursdays 9:00am-12:30pm & 3rd Thursday 5:30-7:00pm.
Limited to Platteville residents.

St. Mary's Mobile Food Pantry- 345 N. Court St. Platteville.....608-348-9735
Available 3rd Friday 10:00-11:00am (Second Harvest FoodBank)



HOUSING OPTIONS

For up-to-date and accurate information on types of housing and locations, please call the Aging and Disability Resource Center at 608-723-6113.

Apartments– Apartment living could eliminate yard care, home maintenance and possibly climbing stairs depending on the various locations and can increase social contact as well as reduce housing costs. Grant County offers a variety of rental housing for all income levels.

Adult Family Homes– A place where 2 -4 adults who are not related to the operator reside and receive care, treatment or services that are above the level of room and board and that may include up to 7 hours per week of nursing care per resident. Counties certify one and two bed adult family homes; the State of Wisconsin licenses three and four bed adult family homes.

Community Based Residential Facilities (CBRF)- Sometimes referred to as **Assisted Living Facility**, A place where 5 or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to 3 hours of nursing care per week.

Residential Care Apartment Complexes (RCAC)- Independent apartment units in which the following services are provided: room and board, up to 28 hours per week of supportive care, personal care, and nursing services.

Nursing Home & Rehabilitation Facility– Facilities that offer skilled nursing care when extensive personal care and medical needs exist. *Check with the nursing home of your choice, to see if they offer a Memory Care Unit, if applicable.

Boscobel Care & Rehab.....	608-375-6342
Cuba City-Epione Pavilion	608-744-2161
Fennimore-Good Samaritan Society.....	608-822-6100
Hazel Green-St. Dominic Villa.....	608-748-9814
Lancaster Care Center.....	608-723-4143
Lancaster- Orchard Manor.....	608-723-2113
Muscoda-Golden Living Center.....	608-739-3186
Platteville-Gray’s Nursing Home.....	608-349-6741
Platteville-Manor Care.....	608-348-2453

Public Housing and Housing Choice Voucher (Section 8 Program).....800-955-2232
The U.S. Department of Housing and Urban Development (HUD) administers Federal aid to local housing agencies (HAs) that manage the housing for low-income residents at rents they can afford.

Boscobel Housing Authority.....	608-375-4228
Lancaster Housing Authority.....	608-723-7590
Platteville Housing Authority.....	608-348-9741

WIHousingSearch.org.....1-877-428-8844
A free housing locator service, was created to help people list and find safe and decent, affordable, accessible and, when necessary, emergency housing.

Emergency Temporary Shelters-
Grant County, WI

Family Advocates, Inc.....	608-348-5995
24 hour crisis line.....	1-800-924-2624
<i>(Located in Platteville. Provides services for women & children victims of domestic violence, sexual assault)</i>	

Lutheran Church of Peace Emergency Homeless Shelter.....608-348-9057
(Located in Platteville. 1 room available for up to 5 people and will consider some minor criminal history.)

Dubuque, IA

Males only:

Rescue Mission.....563-583-1394

Catholic Workers.....563-582-9079

Females only:

Safe Strides Emergency Shelter.....563-556-7233

Maria House.....563-582-7480

Teresa Shelter.....563-690-0086

Dubuque Community Y- Domestic Violence Shelter.....563-556-1100

HOUSING REPAIR AND REHABILITATION PROGRAMS

Most programs and funding are for: repair or replacement of roof, siding, windows and doors, electrical, heating system, plumbing system, handicapped accessibility improvements or modifications, energy efficiency improvements, and other general improvements. Contact the individual organizations for more information and requirements.

Habitat for Humanity of Grant County.....608-348-9119

www.grantcountyhabitat.com

Southwest CAP—Grant County Housing Rehabilitation Program....608-935-2326 ext 217

www.swcap.org

Tomorrow's Home Foundation Helping Hand Assistance Program

(For Mobile Home Owners).....608-255-1088

www.tomorrowshomefoundation.org

USDA Rural Development.....608-935-2791 ext 4

www.rurdev.usda.gov

Neighborhood Housing Services of Southwest Wisconsin.....608-647-4949

www.nhsrwi.org

City of Platteville Community Development Department.....608-348-9741

www.platteville.org (Platteville homes only)

TRANSPORTATION

Aging and Disability Resource Center.....608-723-6113

Provides transportation for people with disabilities and/or age 60 and over, unless specifically indicated. Travel to nutrition sites, shopping & medical appointments are examples of what people use the transportation services for.

- **TRIPS Program**- For those not on medical assistance. Volunteer drivers provide transportation to medical and important business appointments to local and regional sites. A small fee is charged.
- **Grant County Taxi**- A wheelchair accessible, lowered floor minivan is used to transport people of ALL ages in the following communities:

Lancaster	723-6451	Tuesday and Thursday	7:30 a.m. – 4:00 p.m.
Boscobel	375-2275	Wednesday morning	8:30 a.m. – Noon
		Friday afternoon	1:00 p.m. – 4:00 p.m.
Fennimore	822-6644	Wednesday afternoon	1:00 p.m. – 4:00 p.m.
		Friday morning	8:30 a.m. – Noon

(Note: For more information on taxi service during other hours, call 608-723-6113.)

- **Specialized Transportation**- Provides transportation for persons with mobility problems to medical appointments or other events. A fee is charged for this service.
- **Bus**- The ADRC operates two routes, North Route and South Route. Service is provided using wheelchair accessible. Small fee charged. Also, special trips to various locations offered throughout the year.

Other Transportation Services

MTM (for those on medical assistance who need medical transportation)

.....Reservation Line 866-907-1493

....."Where's My Ride" 866-907-1494

Shared Ride Taxi-Platteville.....608-348-6767

Platteville Cab Service.....608-348-5678

UW Platteville Shuttle Bus.....visit www.uwplatt.edu for a current route schedule.

Veteran's Van Transportation.....1-563-652-4110

(Scheduling a ride is between the hours of 9:00am-6:00pm)

Specialized Medical Transport:

Coulee Trails Transport.....1-800-771-8884

Freeman Transport.....608-348-7980 or 1-800-595-2558

M & T Transport.....608-778-4952

RECREATION

Senior Centers

Platteville.....	608-348-9934
Boscobel-Tuffley Center.....	608-375-4505

Other Recreational Sites

Pioneer Activity Center-Platteville.....	608-342-1568
www.uwplatt.edu	

Wisconsin Badger Camp-Platteville.....	608-348-9689
www.badgercamp.org	

Special Olympics.....	800-552-1324
www.specialolympicswisconsin.org	

Aging & Disability Resource Center.....	608-723-6113
(Prevention & Wellness Classes, Specialized Bus Trips)	
www.adrcswwi.org	

Volunteer Opportunities



“Volunteers don’t necessarily have the time, but have the heart”

Aging & Disability Resource Center.....	608-723-6113
Southwest CAP Foster Grandparent Program.....	1-800-704-8555

CAREGIVER SUPPORT PROGRAM

Caregiver Support Programs help caregivers in their supportive role. These programs include, but are not limited to individual counseling, support groups, caregiver training, and respite care.

National Family Caregiver Support Program (NFCSP).....	608-723-6113
Veteran Affairs Caregiver Support Line.....	1-855-260-3274

SUPPORT GROUPS

Support Groups are an excellent way to give and receive support. Support Groups are designed for friends, family and caregivers, as well as the individual affected by a particular disease or disability.

The following maintain a list of support groups:

Aging & Disability Resource Center.....608-723-6113
Alzheimer's & Dementia Alliance.....888-308-6251

Need information on a surrounding county Aging & Disability Resource Center?

Iowa County
303 W. Chapel St
Dodgeville, WI
608-930-9835

Green County
N3152 State Rd 81
Monroe, WI
608-328-9499

Lafayette County
627 Main St
Darlington, WI
608-776-4960

Website www.adrcswwi.org

Want information on an Aging & Disability Resource Center, not listed above?

Go to <http://www.dhs.wisconsin.gov/adrc/> for a complete listing of Wisconsin ADRC's.

